

DATE		
CHART #		

#### PATIENT INFORMATION

FIRST NAME			MI	LAST	NAME					DOB		SEX	
												м	F
SSN	ID TYPE (	SELECT ONE)						DRIVER'S	LICENSE/ID #				ST
	DRIVE	R'S LICENSE	STATE	ID	FEDERAL ID	PASSPORT	OTHER						
E-MAIL		HOME PHONE			CELL PHONE		WORK PHONE		PREFERRED LANGU	AGE	DECLINE	D TO SP	PECIFY
HOME ADDRESS					APT	CITY				ST	ZIP		
EMPLOYER						POSITION					HOW LONG?		
											YEAR	MONTH	I
EMPLOYER ADDRESS						CITY				ST	ZIP		

#### RESPONSIBLE PARTY (DISREGARD IF SAME AS ABOVE)

FIRST NAME		мі	LASTI	NAME			DOB			SEX M	F	RELA SEL	TIONSHIP TO F SPOUSE		PARENT
SSN	ID TYPE (SELECT ONE) DRIVER'S LICENSE	STATE	ID	FEDERAL ID	PASSPORT	OTHER	1	DRIVER'S	LICENS	E/ID #					ST
E-MAIL	HOME PHON	E		CELL PHONE		WORK PH	ONE		PREFE	ERRED	) LANGL	IAGE	DEC	LINED TO	SPECIFY
HOME ADDRESS				APT	CITY							ST	ZIP		
EMPLOYER					POSITION								HOW LONG YEAR	? MON	тн
EMPLOYER ADDRESS					CITY							ST	ZIP		

## MEDICAL CONTACTS: CURRENT DENTIST

DENTIST NAME PF		PHONE NUMBER			
ADDRESS	CITY		ST	ZIP	

#### **EMERGENCY CONTACTS**

CONTACT #1 FIRST NAME	LAST NAME		RELATIONSHIP TO PATIENT	
E-MAIL	HOME PHONE	CELL		WORK PHONE
CONTACT #2 FIRST NAME	LAST NAME		RELATIONSHIP TO PATIENT	
E-MAIL	HOME PHONE	CELL		WORK PHONE

#### PRIMARY INSURANCE INSURANCE CARD PROVIDED

INSURED'S FIRST NAME			Γ NAME						
DOB	SEX M					LATION	D PATII ER		
HOME ADDRESS								APT	
CITY	ST	Z	ΊΡ			INSUR	ED'S S	SN	
EMPLOYER						IPLOYE			
INSURANCE COMPANY						CE COM	IPANY'S	6	
GROUP #					POLIC	:Y #			
POLICY EFFECTIVE DATE	UNION NAME AND LOCAL UNION NUMBER								
INITIALS OF PATIENT	INITIALS OF RESPONSIBLE P			E PA	RTY				

#### SECONDARY INSURANCE

ICE INSURANCE CARD PROVIDED

INSURED'S LAST FIRST NAME			T NAME						
DOB	SEX	INSURED'S RELATIONSHIP TO PATIENT							
	M F	SEI	F	SPO	DUSE	OTHE	ĒR	PARENT	
HOME ADDRESS								APT	
CITY	ST	Z	ΖIP			INSUR	ED'S S	SN	
EMPLOYER						IPLOYE			
INSURANCE COMPANY						CE COM UMBER		5	
GROUP #				POLICY #					
	UNION NAME AND LOCAL UNION NUMBER								



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**Financial Responsibility:** I understand that payments for services should be made when due, and if any payment is not made timely, I may be subject to late fees. I further understand that if I have authorized debits to my account and should a debit not be honored by my bank, I will incur a service charge for each such dishonored debit. I request that all benefits, if any, or other amounts otherwise payable to me or on my behalf for services rendered, be paid directly to the service provider. I understand that I am responsible for all charges for services whether or not paid by insurance. I authorize the service provider to disclose all information necessary to verify my insurance eligibility and secure the payment of benefits.

INITIALS

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**Information Verification:** The information provided herein is true and complete to the best of my knowledge. I authorize Kelley Dunay, DMD, P.C. ("WD"), or anyone acting on its behalf, to obtain, review and/or share with its designated agents, or any assignee of my account, my credit report for the purpose of evaluating my credit and verifying my identity, or for updating, renewing, servicing, modifying or collecting my account. This authorization is valid as long as any amounts are owed on my account to WD or any assignee of my account. I acknowledge that WD may report information about my account to consumer reporting agencies and other persons who may legally receive such information. Late payments, missed payments or other defaults on my account may be reflected in my credit report.

**Prior Express Consent for Calls/Texts/Email:** By providing the number of my land line, cell phone or other wireless device and my email address now or in the future, I expressly consent and agree that WD and any of its affiliates, agents, service providers or assignees may call me using an automatic telephone dialing system or otherwise, leave me a voice, prerecorded, or artificial voice message, or send me a text, e-mail, or other electronic message for any purpose related to the servicing or collection of any account that I may establish with WD, or for other informational purposes related to my account or treatment ("Communication"). I also agree that WD and any of its affiliates, agents, service providers or assignees may include my personal information in a Communication. WD will not charge for a Communication, but my service provider may. I agree that WD may monitor and record any telephone calls to assure the quality of its service or for other reasons.

**Broken Appointment Fee:** I understand that it is important that I keep my scheduled appointments and if I miss an appointment without prior notification, I may be subject to a broken appointment fee.

WD will be using electronic medical records, including your photograph, to maintain your health care information. WD is committed to maintaining the privacy and confidentiality of patient health information in compliance with HIPAA, and will only use your photograph for internal identification purposes.

You may, at any time, withdraw this consent with written notice to WD.

**Yes.** I agree to have my photograph taken and stored in WD's electronic medical records system. I understand that by checking "Yes" and signing below, I am giving WD permission to take and use my photograph in its electronic medical records system for identification purposes.

- **No.** I do not wish to have my photograph taken and stored in WD's electronic medical records system.

By signing below, I acknowledge that I have read, fully understand, and agree to be bound by this consent.

SIGNATURE OF PATIENT

DATE

SIGNATURE OF RESPONSIBLE PARTY

DATE

HEALTH HISTORY			
Patient First Name MI Last Name		Birthdate Sex	
		Male Fe	male
GENERAL HEALTH QUESTIONS			
1. Have you had any serious illness, operations or	hospitalizations?		Yes No
2. Are you under a physician's care at this time?			Yes No
	Nan	ne, address and phone # of physician:	
Do you have or did you ever have any of the	following?		,
Cardiovascular Health		Muscular-Skeletal/CNS/Mental Health	
3. High blood pressure	🗌 Yes 📃 No	32. Joint replacement	Yes No
4. Angina or heart attack	Yes No	33. Arthtritis	Yes No
5. Chest pain on physical exertion	🗌 Yes 📃 No	34. Osteoporosis	Yes No
6. Coronary artery blockage or treatment (bypass,	🗌 Yes 📃 No	35. Fainting spells or dizziness	Yes No
stent, etc.)		36. Seizures	Yes No
<ol><li>Heart valve problem or replacement</li></ol>	Yes No	37. Numbness or muscle weakness	Yes No
8. Heart murmur	Yes No	38. Multiple sclerosis	Yes No
<ol><li>Heart disease, problem or treatment</li></ol>	Yes No	39. Mental retardation	Yes No
10. Rheumatic fever	Yes No	40. Dementia/Alzheimer's disease	Yes No
11. Past use of Fen-Phen	Yes No	41. Anxiety/Nervousness	Yes No
12. Irregular heart beat or pacemaker	Yes No	42. Mental health treatment	Yes No
13. Difficulty breathing when lying down	Yes No	Gastro-Intestinal/Genito-Urinary Health	
14. Stroke	Yes No	43. Hepatitis (A, B, C or other)	Yes No
15.Low blood pressure	Yes No	44. Liver disease	Yes No
Respiratory Health		45. Kidney disease/dialysis	Yes No
16. Asthma	Yes No	46. Stomach trouble/ulcers	Yes No
17. Emphysema or respiratory problems	Yes No	47. Sexually transmitted disease	Yes No
18. Chronic sinus problems	Yes No	Medication Allergies and Other Allergies	
19. Tuberculosis or persistent cough	Yes No	48. Penicillin or other antibiotics	Yes No
Endocrine/Blood/Immune Health		49. Sulfa drugs	Yes No
20. Diabetes	🗌 Yes 📃 No	50. Dental antesthetic	Yes No
21. Frequent thirst or frequent urination	🗌 Yes 📃 No	51. Aspirin	Yes No
22. Thyroid problems	🗌 Yes 📃 No	52. Codeine/narcotics	Yes No
23. Abnormal bleeding, bruise easily	🗌 Yes 📃 No	53. Iodine	Yes No
24. Hemophilia	Yes No	54. Latex products	Yes No
25. Anemia/blood disease	Yes No	55. Metals/nickels/jewelry	Yes No
26. Cancer	Yes No	56. Other:	Yes No
27. Radiation therapy/chemotherapy	Yes No		
28. HIV infection/AIDS	Yes No	Females Only	
29. Cold sores/canker sores	Yes No	57. Are you pregnant?	Yes No
30.Organ transplant	Yes No	58. Are you nursing now?	Yes No
31.Blood transfusion	Yes No	59. Do you take birth control pills?	Yes No
Medications			
60. Are you taking any prescription medications, over	er the counter medi	cations or herbal medicines?	Yes No
If so, please list them and the dose taken:			
61. Do you or have you used bisphosphonate medic	ation (Fosomax, Ac	tonel, Boniva, Skelid, Didronel, Aredia, Zometa, Bonefos	? Yes No
Social	A20 PALL20		
62. Do you use tobacco?	Yes No	Quantity Per Day	
63. Do you use alcohol?	Yes No	Quantity Per Day P	er Week
64. Do you use recreational drugs?	Yes No	Quantity Per Day	
65. Do you have any other medical conditions not al Please list:	ready listed above?		Yes No
hereby certify that I have read the foregoing and filled out t	his questionnaire com	pletely. I have advised you of all medical problems of which I am	aware. I further certify

that I, the unsigned, consent to the performing of x-rays and examination.			
Signature of PATIENT or GUARDIAN		Date	
Signature of DENTIST	ID#	Date	
UPDATE Have there been any changes in your medical history, including	g any medications that you take,	, since you last completed this form?	Yes No
Signature of PATIENT or GUARDIAN	Signature of DENTIST		

Date

Date



# ARBITRATION AGREEMENT WAIVER OF RIGHT TO JURY TRIAL

Patient Name:	Chart No:	Office Location:

Article 1: Agreement to Arbitrate Medical Malpractice And Other Disputes: It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by Nevada law, and not by a lawsuit or resort to court process except as Nevada law provides for judicial review of arbitration proceedings. Both parties to this Contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

It is further understood that any dispute related to or arising from any charges, billings, payments, financing, debt collection, solicitations and/or marketing relating to any medical or dental services offered by or rendered by Western will be determined by submission to arbitration as provided pursuant to the terms outlined herein.

Article 2: All Claims Must Be Arbitrated: It is the intention and agreement of the parties that this arbitration agreement shall cover all claims or controversies relating to the matters described in Article 1 above, except claims within the jurisdiction of the Justice Court (small claims court), whether in tort (intentional or negligent), contract, or otherwise, including but not limited to suits relating to the matters described in Article 1 and also involving claims for loss of consortium, wrongful death, discrimination, emotional distress or punitive damages. Arbitration pursuant to the terms of this Contract shall bind all parties whose claims as described in Article 1 may arise out of or in any way relate to treatment or services provided or not provided by Kelley Dunay, D.M.D.,P.C. dba Western Dental and/or Western Dental of Nevada and/or Western Dental of Nevada, LLC (collectively, "Western") or any employee or agent or providers of Western, including any spouse or heirs of Patient and any children, whether born or unborn, at the time of the occurrence giving rise to any claim. The undersigned understands and agrees that if the undersigned signs this Contract on behalf of some other person for whom the undersigned has responsibility, then, in addition to the undersigned, such person(s) will also be bound, along with anyone else who may have a claim arising out of the treatment or services rendered to that person.

The reference to Western includes Kelley Dunay, D.M.D., P.C., Western Dental of Nevada, LLC, and their respective employees, agents and providers.

Article 3: Class Action Waiver: It is the intention and agreement of the parties that any arbitration brought pursuant to this agreement shall be conducted on an individual basis only, and not on a class, collective, or representative basis. There will be no right or authority for any dispute to be brought, heard or arbitrated as a class, collective, or representative action, or as a member in any purported class, collective, representative proceeding ("Class Action Waiver"). Disputes regarding the validity and enforceability of the Class Action Waiver may be resolved only by a civil court of competent jurisdiction and not by an arbitrator. In any case in which (1) the dispute is filed as a class, collective, or representative action finds all or part of the Class Action Waiver unenforceable, the class, collective, and/or representative action to that extent must be litigated in a civil court of competent jurisdiction, but the portion of the Class Action Waiver that is enforceable shall be enforced in arbitration.

**Article 4: Procedures and Applicable Law:** Patient shall initiate arbitration by serving a Demand for Arbitration on Western and each defendant. The claim shall be mailed by U.S. mail, postage prepaid, to: Kelley Dunay, D.M.D., P.O. Box 14025, Orange, CA 92863-1025, Attention: Legal Department. A Demand for Arbitration must be communicated in writing to all parties, identify each defendant, describe the claim against each party, and the amount of damages sought, and the names, addresses and telephone numbers of the Patient and his/her attorney. Patient and Western agree that any arbitration hereunder shall be conducted by a single, neutral arbitrator selected by the parties and shall be resolved using the rules of the American Arbitration. Association then in effect at the time the requirements are met for a demand for arbitration (located at <u>https://www.adr.org/</u>). (Arbitration, however, shall not be conducted by the American Arbitration Association and shall be conducted by an arbitration agency mutually selected by the parties). Patient shall pursue his/her claims with reasonable diligence, and the arbitration shall be governed pursuant to N.R.S. §§ 38.206 *et. seq.* and the Federal Arbitration Act (9 U.S.C. §§ 1-9), as in effect from time to time. The parties shall bear their own costs, fees, and expenses along with a pro-rata share of the arbitrator's fees and expenses.

Article 5: Retroactive Effect: Patient intends this Contract to cover services rendered by Western not only after the date it is signed (including, but not limited to, emergency treatment), but also before it was signed as well.

**Article 6**: **Severability:** If any provision of this Contract is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision.

I understand that this Contract is voluntary and that if I do sign it, I may rescind it only by giving written notice which must be delivered to and received by Western at the address outlined in Article 4 within 30 days of signature.

I understand that I have the right to receive a copy of this Contract. By my signature below, I acknowledge that I have read and understand the Contract, agree to its terms and have received a copy.

NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE AND ANY ISSUE OUTLINED IN ARTICLE 1 DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

\_\_\_\_\_ Date Signed: :\_\_\_\_\_, 20 \_\_\_\_\_

Print Patient's Name

(Signature of Patient, Parent, Guardian or Legally Authorized Representative of Patient)

## WESTERN'S AGREEMENT TO ARBITRATE

In consideration of the foregoing agreements under this Contract, Western likewise agrees to be bound by the terms set forth in this Contract and to the rules specified in Article 4 above.

Prepared By Western Employee

Print Name

Date Signed:\_\_\_\_\_, 20 \_\_\_\_\_

A signed copy of this document is to be given to Patient. The Original is to be filed in Patient's dental chart.

#### Joint Privacy Notice (State of Nevada) THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

## PLEASE REVIEW IT CAREFULLY.

This Notice applies to the information and records we have about your health, health status, and the health care and services you receive at this office. We are required by applicable federal and state law to maintain the privacy of your health information. We are also required to give you this Notice about our privacy practices, our legal duties, and your rights concerning your health information. We must follow the privacy practices that are described in this Notice while it is in effect. This Notice takes effect September 1, 2013, and will remain in effect until we amend or replace it.

If you have any questions about this Notice, complaints, or should you need to contact Western's Privacy Officer to comply with any provision of this Notice, please contact: Western's Privacy Officer, C/o Western Dental Services of Nevada, LLC, P.O. Box 14227, Orange, CA 92863, Phone: (800) 417-4444. E-mail: <u>PrivacyOfficer@WesternDental.com</u>

Organizations covered by Joint Notice:

Western Dental of Nevada LLC. Kelley Dunay, D.M.D., P.C.

#### HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU

**For Treatment** We may use and disclose your health information to provide you with medical treatment or services. We may also disclose your health information to other providers involved in your care.

For example, your doctor may be performing a tooth extraction and may need to know if you have other health problems that could complicate your treatment. The doctor may use your health history to decide what treatment is best for you. The doctor may also tell another doctor about your condition so that doctor can help determine the most appropriate care for you.

**For Payment** We may use and disclose health information about to obtain payment for health care services we or others provide to you. For example, we may need to give your health plan information about a service you received here so your health plan will pay us or reimburse you for the service. We may also tell your health plan about a treatment you are going to receive to obtain prior approval, or to determine whether your plan will cover the treatment.

**For Health Care Operations** We may use and disclose health information about you in order to run the office and make sure that you and our other patients receive quality care. For example, we may use your health information to evaluate the performance of our staff in caring for you. We may also use health information about all or many of our patients to help us decide what additional services we should offer, how we can become more efficient, or whether certain new treatments are effective.

**Appointment and Refill Reminders; Prescription Information** We may contact you by phone, mail, email, or other modes of communication as a reminder that you have an appointment for treatment or medical care at the office. We may also provide you with refill reminders or communicate with you about a drug or biologic that is currently prescribed to you so long as any payment we receive for making the communication is reasonably related to our cost of making the communication.

**Treatment Alternatives** We may contact you by phone, mail, email, or other modes of communication to inform you about or recommend possible treatment options or alternatives that may be of interest to you.

**Health-Related Products and Services** We may contact you by phone, mail, email, or other modes of communication to inform you about health-related products or services that may be of interest to you.

**Surveys** We may contact you by phone, mail, email or other modes of communication to ask you to participate in patient satisfaction surveys, or to provide you with other quality assessment and improvement communications.

#### SPECIAL SITUATIONS

We may use or disclose health information about you without your permission for the following purposes, subject to all applicable legal requirements and limitations:

To Avert a Serious Threat to Health or Safety We may use and disclose health information about you when necessary to prevent or lessen a serious threat to your health and safety or the health and safety of the public or another person.

**Required By Law** We will disclose health information about you when required to do so by federal, state or local law. For example, Western Dental may disclose information for the following purposes:

- •For judicial and administrative proceedings pursuant to legal authority;
- •To report information related to victim of abuse, neglect or domestic violence; and,
- •To assist law enforcement officials in their law enforcement duties.

**Research** We may use and disclose health information about you for research projects if we receive special approval from a privacy board or institutional review board. Under certain circumstances, your health information may also be disclosed without your permission to researchers preparing to conduct a research project, for research on decedents or as part of a data set that omits your name and other information that can directly identify you.

**Organ and Tissue Donation** If you are an organ donor, we may release health information to organizations that handle organ procurement or organ, eye or tissue transplantation or to an organ donation bank, as necessary to facilitate such donation and transplantation.

**Military, Veterans, National Security and Intelligence** We may use and disclose your health information to units of the government with special functions, such as the U.S. military or the U.S. Department of State under certain circumstances specified by law.

**Workers' Compensation** We may release health information about you in order to comply with the law and regulations related to workers' compensation or similar programs. These programs provide benefits for work-related injuries or illness.

**Public Health Risks** We may disclose health information about you for public health reasons in order to prevent or control disease, injury or disability; or report births, deaths, suspected abuse or neglect, non-accidental physical injuries, reactions to medications or problems with products.

**Health Oversight Activities** We may disclose health information to a health oversight agency. These disclosures may be necessary for certain state and federal agencies to monitor the health care system, government programs, and compliance with applicable laws.

**Lawsuits and Disputes** If you are involved in a lawsuit or a dispute, we may disclose health information about you in response to a court or administrative order. Subject to all applicable legal requirements, we may also disclose health information about you in response to a subpoena or other lawful process.

**Law Enforcement** We may release health information if asked to do so by a law enforcement official in response to a court order, subpoena, warrant, summons or similar process, subject to all applicable legal requirements.

**Coroners, Medical Examiners and Funeral Directors** We may release health information to a coroner or medical examiner to enable them to carry out their lawful duties. This may be necessary, for example, to identify a deceased person or determine the cause of death.

**Information Not Personally Identifiable** We may use or disclose health information about you in a way that does not personally identify you or reveal who you are.

**Family and Friends** We may disclose health information about you to your family members or friends if we obtain your verbal agreement to do so or if we give you an opportunity to object to such a disclosure and you do not raise an objection. We may also disclose health information to your family or friends if we can infer from the circumstances, based on our professional judgment that you would not object. For example, we may assume you agree to our disclosure of your personal health information to your spouse when you bring your spouse with you into the exam room during treatment or while treatment is discussed. In situations where you are not capable of giving consent (because you are not present or due to your incapacity or medical emergency), we may, using our professional judgment, determine that a disclosure to your family member or friend is in your best interest.

In that situation, we will disclose only health information relevant to the person's involvement in your care. For example, we may inform the person who accompanied you to the emergency room that you suffered a heart attack and provide updates on your progress and prognosis. We may also use our professional judgment and experience to make reasonable inferences that it is in your best interest to allow another person to act on your behalf to pick up, for example, filled prescriptions, medical supplies, or X-rays.

## OTHER USES AND DISCLOSURES OF HEALTH INFORMATION

**Marketing** Except for marketing information given in a face-to-face encounter or promotional gifts of nominal value, we must obtain your written authorization prior to using your health information for purposes that are considered marketing under the federal health information privacy law commonly known as HIPAA. For example, we will not accept any payments from other organizations or individuals in exchange for making communications to you about treatment, therapies, health care providers, settings of care, case management, care coordination, products or services unless you have given us your authorization to do so or the communication is permitted by law.

**Sale of Health Information** We will not disclose your health information that is considered a sale of health information under HIPAA without your written authorization.

**Sensitive Health Information** There are special privacy protections under federal and state laws for certain sensitive health information, such as alcohol and drug abuse treatment information, HIV information, and mental health information (such as psychotherapy notes). We will not disclose your sensitive health information without your written authorization unless permitted or required by law.

**Your Written Authorization** We will not use or disclose your health information for any purpose other than those identified in the previous sections without your specific, written authorization. If you give us authorization to use or disclose health information about you, you may revoke that authorization, in writing, at any time. If you revoke your authorization, we will no longer use or disclose information about you for the reasons covered by your written authorization, but we cannot take back any uses or disclosures already made with your permission.

## YOUR RIGHTS REGARDING HEALTH INFORMATION ABOUT YOU

You have the following rights regarding health information we maintain about you:

**Right to Inspect and Copy** You have the right to inspect and copy your health information, such as medical and billing records, that we use to make decisions about your care. You must submit a written request to Western's Privacy Officer in order to inspect and/or copy your health information. If you request

a copy of the information, we may charge a fee for the costs of copying, mailing or other associated supplies

**Right to Amend** If you believe health information we have about you is incorrect or incomplete, you may ask us to amend the information. You have the right to request an amendment as long as the information is kept by this office. To request an amendment, complete and submit a Dental Record Amendment/Correction Form to Western's Privacy Officer. We may deny your request for an amendment if it is not in writing or does not include a reason to support the request. In addition, we may deny your request if you ask us to amend information that:

a) We did not create, unless the person or entity that created the information is no longer available to make the amendment.

b) Is not part of the health information that we keep.

c) You would not be permitted to inspect and copy.

d) Is accurate and complete.

**Right to an Accounting of Disclosures** You have the right to request an "accounting of disclosures." This is a list of the disclosures we made of medical information about you for purposes other than treatment, payment and health care operations. To obtain this list, you must submit your request in writing to Western's Privacy Officer. It must state a time period, which may not be longer than six years and may not include dates before April 14, 2003. Your request should indicate in what form you want the list (for example, on paper, electronically). We may charge you for the costs of providing the list. We will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.

**Right to Request Restrictions** You have the right to request a restriction or limitation on the health information we use or disclose about you for treatment, payment or health care operations. You also have the right to request a limit on the health information we disclose about you to someone who is involved in your care or the payment for it, like a family member or friend. For example, you could ask that we not use or disclose information about a surgery you had.

We are Not Required to Agree to Your Request While we will consider all requests for additional restrictions carefully, we are not required to agree to a requested restriction unless the requested restriction is to a health plan for payment or health care operations purposes and the information you would like to restrict to the health plan pertains solely to a health care item or service you paid out of pocket. If we do agree, we will comply with your request unless the information is needed to provide you emergency treatment. To request restrictions, you may complete and submit the Request For Restriction On Use/Disclosure Of Medical Information to Western's Privacy Officer.

**Right to Request Confidential Communications** You have the right to request that we communicate with you about medical matters in a certain way or at a certain location. For example, you can ask that we only contact you at work or by mail.

To request confidential communications, you may complete and submit the *Request For Restriction On Use/Disclosure Of Medical Information And/Or Confidential Communication to Western's Privacy Officer.* We will not ask you the reason for your request. We will accommodate all reasonable requests. Your request must specify how or where you wish to be contacted.

**Right to be Notified of Breach** You have the right to be notified by us if we discover a breach of your unsecured protected health information.

**Right to a Paper Copy of This Notice**. You have the right to a paper copy of this Notice. You may ask us to give you a copy of this Notice at any time. Even if you have agreed to receive this Notice electronically, you are still entitled to a paper copy of this Notice.

Copies of this Notice are available at Western's offices, or you may obtain a copy at our website at www.westerndental.com.

## CHANGES TO THIS NOTICE

We reserve the right to change this notice, and to make the revised or changed notice effective for medical information we already have about you as well as any information we receive in the future. We will post a summary of the current notice in the office with its effective date in the top right hand corner and mail a copy to you.

#### COMPLAINTS

If you believe your privacy rights have been violated, you may file a complaint with our office or with the Secretary of the Department of Health and Human Services. To file a complaint with our office, contact Western's Privacy Officer. You will not be penalized for filing a complaint.